



WOMEN'S SELF-DEFENSE

NOVEMBER 11TH 2:00PM

BENEFITS OF SELF-DEFENSE

- ✓ Vigilance
- ✓ Preparation
- ✓ Empowerment
- ✓ Good Instincts
- ✓ Freedom

**RESERVE YOUR
SPOT TODAY**

**CALL 269-414-4113
OR VISIT OUR
FRONT DESK**